



Mad March Triathlon

ADULTS' CYCLE ROUTE

- 1 TURN LEFT OUT OF ST. MICHAEL'S CAR PARK.
- 2 STRAIGHT ACROSS AT CROSS ROADS INTO COLEHILL LANE.
- 3 STRAIGHT ACROSS AT CROSS ROADS TOWARDS WHITESHEET.
- 4 GO TO END OF ROAD.
- 5 TURN LEFT INTO HOLT ROAD.
- 6 FOLLOW TO JUNCTION SIGNPOSTED GAUNTS COMMON & HORTON.
- 7 TURN RIGHT INTO LODGE ROAD.
- 8 TURN LEFT AT END OF ROAD, GOING PAST ST.JAMES FIRST SCHOOL.
- 9 GO PAST HOLT FOOTBALL CLUB TO THE END OF ROAD.
- 10 TURN RIGHT AND HEAD TOWARDS FURZEHILL.
- 11 CYCLE TO THE END OF THAT ROAD
- 12 TURN LEFT ONTO THE CRANBOURNE ROAD.
- 13 TAKE THE SECOND TURNING ON THE LEFT INTO BURTS HILL.
- 14 AT THE TOP OF THE HILL AT THE HORNS INN, TURN RIGHT INTO GREENHILL ROAD.
- 15 TAKE FIRST LEFT INTO GREENHILL LANE.
- 16 TAKE FIRST LEFT INTO WIMBORNE ROAD.
- 17 TURN LEFT INTO COLEHILL LANE & LEFT INTO SCHOOL.
- 18 DISMOUNT BICYCLE.

ADULTS' RUN ROUTE

- 1 TURN LEFT OUT OF ST. MICHAEL'S CAR PARK.
- 2 STRAIGHT ACROSS AT CROSS ROADS INTO COLEHILL LANE.
- 3 TURN LEFT AT BARLEY MOW PUB INTO LONG LANE.
- 4 STRAIGHT ACROSS AT CROSS ROADS.
- 5 TURN RIGHT INTO BURTS HILL.
- 6 TURN LEFT INTO GREENHILL ROAD OPPOSITE HORNS INN.
- 7 UP HILL TURN LEFT INTO GREENHILL LANE.
- 8 TURN LEFT INTO WIMBORNE ROAD.
- 9 TURN LEFT INTO COLEHILL LANE.
- 10 TURN LEFT INTO ST.MICHAELS.
- 11 RUN THROUGH TENNIS COURTS TO FINISH!!!!!!!!!!!!!!